

LifeWave Patch Placement

The following provides you with detailed information as to placing the patches and the advantage of each placement point. Patch placement is very important to maximize the use of the patches.

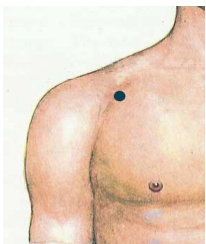
Hot Spots for the Patches! (Only one set of patches; (1 white + 1 tan), are worn at each application.

The patches near the shoulders are great for aerobic activity. The patches on the inside of the wrist are good for anaerobic activities. For example, this is used by football players. The patches below the knee are good for activities requiring leg endurance. For example, this would be a good spot for hockey players, basketball players, swimmers and golfers. The patches near the ankles are great for runners. Try each of the locations. See what works best for you for various activities.

LifeWave Energy Patches Recommended Placement Sites

LifeWave Energy Patches respect the natural polarity of the body and of the energy field. The patches come in complementary pairs, one white and one tan. The white one, (positive polarity) is worn on the right and the tan one, (negative polarity), is worn on the left. (Except when used specifically for **Pain relief** – see below)

**** Patches do not have to be applied to the skin. Application to undergarments will work just as well!**



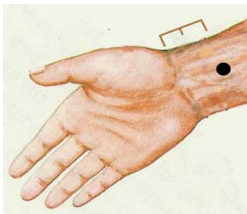
Please note: This is the position that Non-athletes should try first of all.

Shoulder Location:

In the "corner" where the shoulder and collar bone come together.

Properties:

Good general point for vitality because it pertains to the lungs, which affect oxygen, vitality, and breathing. This is a preferred spot for aerobic activity.

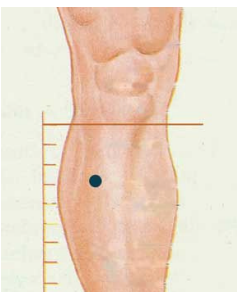


Wrist Location:

On the inside of the arm about 2 inches above the wrist.

Properties: Very powerful point especially for people working with their hands and arms.

This is a preferred spot for sports such as football, weight lifting, and other strength sports



Knee Location:

3 thumb widths below the knee joint and about an inch to the outside of the shin bone.

Properties:

The patches below the knee are good for activities requiring leg endurance. For example, this would be a good spot for swimmers, hockey players, basketball players, golfers, cyclists, and people who are on their feet all day.



Ankle Location:

This spot is on the inside of the ankle, above the ankle bone.

Properties: This spot is good for runners.

Pain Relief!*

Place the Patches on the following locations for pain relief;
White patch at the centre of the sternum – (Location at Thymus gland - hard bone between the nipples)

Tan patch: wherever it hurts! (Whether it be on the left or right hand side of the body)

Be prepared to move the **Tan** patch around until you find the spot where it works best for you.

For greater convenience - particularly for women; the **White** patch can be directly applied to undergarments using the patch adhesive backing. It will be able to be moved about and will still adhere, unlike direct placement on the skin.

***Not officially approved by LifeWave as yet...But WORKS for us!
 Try it; we feel that you will be absolutely delighted with the results!!**

Q: Will the patches work for every single person?

A: Of course not...

But then, I don't know of a single product that does!

However, they do work for the vast majority of people including myself; and for those people, it is amazing.

**** If you feel that the Patches are not working for you it is most likely due to dehydration.**

Drink enough water to hydrate your body & then try again!

Important:

The LifeWave Energy Enhancer Patch is NOT a stimulant. Therefore you will not feel a buzz, or rush, as you would with caffeine or ephedrine. What most people experience are very constant and stable levels of energy.